

MOVIMENTO NATURALE RESIDENCIES

OPEN CALL

FOR CONTEMPORARY CHOREOGRAPHERS AND DANCERS

Would you like to come and study, choreograph and dance in Palermo?

Centro Coreografico L'espac and Müuval Collective A.C. host these art residencies to meet the need for deep investigation and innovation within the contemporary dance scene, to open the door to a profound understanding of the body, through freedom and guidance in creating, experiencing and performing contemporary dance.

You can apply as a small dance company (maximum 3), or as a dancer, dance researcher, choreographer, or actor/actress with experience in movement studies.

What does the residence involve?

- 140-180 studio hours for your own research, dance choreography or practice.
- Housing (internet, laundry, walking distance from dance studio).
- Plane Ticket (if you are flying from Mexico).
- Movement Training "Movimento Naturale" Daily training to investigate movement as it emerges from a deep understanding of the body.
- Drop-in classes to learn Taijiquan and Zhineng Qigong.
- Feedback circles to build community between participants from a "Movimento Naturale" perspective, we are interested in how this way of approaching movement influences your dance.
- The opportunity to have a showcase of your work/investigation, or if applying as a dancer, the opportunity to perform with Compagnia di danza L'espac.
- Teaching opportunities.
- Advertisement, video, and photographs of your work and process.
- RESIDENCY TIME: April 24rd to July 9th



Performances and teaching opportunities?

Participants can choose between staging their own project or making a workshop. The profit, not including the expenses, will be divided 50/50 between the event organizer and the artists.

If you choose to go on stage, there will be two evening events at the Teatro Mediterraneo Occupato (TMO). You can participate to one or both the events, and depending on the curatorial process, you will be provided with a production crew, lighting design, administration and advertising.

The duration of the performances must be between 15 and 20 minutes long, in showcase format.

If you choose to teach, please send a proposal for a workshop. We will take care of the advertising and the administrative issues.

What is Movimento Naturale?

The work is based on a scaffolded series of exercises designed to deepen into body awareness and dance movement by investigating the following focus areas: subtle perception of the body, the engagement of antigravity muscles, analysis of movement principles such as weight shifting and the interconnectedness of the body through an integrated, joint and continuous flow of movement. In this way, each dancer develops a sensitivity and accurate perception of self and others by increasing their movement vocabulary, listening and self awareness, all from this new movement perspective.

More info <http://lespacepalermo.wixsite.com/lespace/la-danza-dellespace>

How to apply? Closes April 10

Eligible candidates: Dancers, choreographers, actors, and dance researchers over the age of 18

1. Fill out the online application form:

<https://docs.google.com/forms/d/1kvpHdMB--qBqpPdusBz3rVk9un9c6T8AfT2GcZiybC8/prefill>

2. Please e-mail the following to dmnproject@lespacepalermo.it:

- Resume (1 page max)
- Cover Letter
- 1-minute video of a movement improvisation.
- If applying as a choreographer please include any requirements or specifications for the dance piece you wish to investigate or perform, and a video of up to 5 minutes of your choreographic work.
- If applying as a dance company, please include a CV and a 1-minute video of a movement improvisation for each participant.

FOOD

Palermo is one of the least expensive cities in Italy. It is the Italian capital of street-food and famous for its historical markets (Ballarò, Vucciria, Capo) rich in local and authentic products, the Sicilian capital is available to suit all budgets and is also suitable for all dietary preferences or restrictions. If you shop at the market or supermarket you could spend around € 15 per week.

You can eat out to experience the typical street food for a few Euros (€ 2 - 5), enjoy a meal in the pub or pizzeria (€ 5-15) or even enjoy a dinner at one of the many gourmet restaurants (20 € and up).

COST?

- 1,500 EUR for those who don't need accommodation and life nearby
- 2,000 EUR for European and not European citizens (you can make the payment in two parts)
- 2,600 EUR for Mexican artist (you can make the payment in two parts)

If applying as a company, you may request a discount.

We are a team of non-profit organizations collaborating to create new platforms for movement investigation, dance performance and practice, working independently to ensure creative freedom.

BANK TRANSFER

Credited to c/c 100000140596

Payable to L'espacce A.S.D.C.

C/O Banca Prossima sede di Palermo

IBAN IT43F0335901600100000140596

BIC BCITITMX

Paypal: info@lespacepalermo.it

WHY LIVING IN PALERMO?

They say:

- Palermo is difficult to describe
- Palermo is sensual and fascinating
- Palermo is chaotic
- Palermo is an Arabian city not Muslim
- Palermo is a city in continuous change
- Palermo has blinding light
- Palermo is a bridge between east and west
- Palermo is a hell of traffic and smog
- Palermo is near yet exotic
- Palermo is the most European of North African cities. Palermo is not clean
- Palermo in summer is an experience on the edge of reality. Palermo in spring and autumn is an experience on the edge of paradise
- Palermo is exuberant
- Palermo is a city of contrasts
- In Palermo public transport is terrible
- Palermo has an eclectic, multiform beauty
- Palermo has marvellous gardens, although most of the time they are hidden

In Palermo you can eat anything, anytime, anyplace

In Palermo you come across fantastic markets

In Palermo you can get around on foot

Palermo is a huge bazaar on the border of Europe

Palermo can be frightening but it is not dangerous

Holidays in Palermo are exciting

Palermo is sweet and sour, like many of its culinary dishes

In Palermo hospitality does not know the meaning of the word 'private'

Palermo is a province with cosmopolitan scars

Palermo is by the sea, but sometimes this goes forgotten

Palermo is a word of Greek origin meaning 'all port'

Palermo is made of layers like an onion

Palermo has beautiful, dusty museums

Palermo is conflict between pleasure and boredom

Palermo is its Baroque churches and its Arabian water system

In Palermo there is the mafia, but the mafia is not like it is in the films

Palermo always seems different from what others have told you it is like

About Palermo, in fact, there are many different versions